

Learning to Ride Public Transit

At an early age, we begin learning life skills. Using transportation is an important life skill. Not knowing how to use public transportation limits opportunity and independence.

Travel Training

Travel Training allows a rider to develop new skills, gain independence, and travel in the least restrictive setting. Anyone who needs assistance getting started with taking public transit – from a recent high school graduate to a senior citizen no longer driving can use travel training. Travel Training is a service that is often provided by a fixed-route bus system. This service provides instruction to help a new rider learn to use public transit independently.

How does it work?

Typically, training is provided for trips that individuals make frequently, such as to work or school. Services include help making trip plans and even ride-along coaching sessions. Riders who have successfully completed travel training on frequently traveled routes remain ADA Paratransit eligible for those routes on which they have not been trained. For information on Travel Training opportunities, contact your nearest public transit provider.